

GUNNISON COUNTRY



p a r t n e r s

*A Nonprofit Youth Mentoring Organization*



## Partner's Jam

February 2012 *Partners* Vol. 21 No.2

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### February 2012 Activities

#### Crush the Pow!

Crested Butte Mountain Resort Ski Day 2012

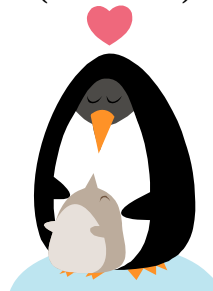


#### Sunday February 12<sup>th</sup> 8am-4pm!

A full day of skiing or snowboarding— lessons, rentals, a day ticket and lunch all provided by CBMR! If your Junior Partner needs rentals or lessons be sure to arrive to the bottom floor of the Treasury Center by 8:00am! Lifts start running at 9am. RSVP is essential and waivers MUST be filled out for Junior Partners to participate! 641-5513

#### Movie Night: Mr. Popper's Penguins

Tuesday February 28<sup>th</sup> at 5:15pm  
(Rated PG)



Bring your Partner, munch on some popcorn and watch a funny film on our Big-screen!



#### Coffee with Case Managers:

Friday February 24<sup>th</sup> from 4:00-5:30pm

A time to visit, to problem solve, to generate ideas for fun new activities and to share your successes & questions with Partners Case Managers and other Senior Partners! Meet at the Partners office. There will be refreshments and a couple door prizes handed out at 4:15! (Though, please feel free to visit any time during the hour and a half gathering). Please RSVP so we can provide adequate appetizers. 641-5513

'Have a Heart' in February—  
Dessert is on Us!

Bring your Partner and meet us at the Gunnisak on *Wednesday February 15<sup>th</sup> at 6:00 pm* for dessert on our dime! (Partners has been chosen to get a portion of proceeds from the Gunnisak in February!)

New Matches and Anniversaries!

**Welcome New Community Based Matches!**

*Max Crino and Jeremy*

*Greg Rotjer and Brenton*

*Julia Atwood and McKenzie*

**Congratulations--Anniversaries!**

*Ed Haskell & Cayden*

*Rose Tocke & Itzel*

*Garrison Garcia & Spencer (5 years!)*

*Rob Quint and Alvaro ((4 years!)*

*Katie Uilk & Chelsea (2 years!)*

*Stephanie Niesman & Nicole (2 years!)*

*Kelsey Schwartz & Christina(2 years!)*

*Evan Ogelvie & Chance (2 years!)*

**New School Based Matches!**

*Danny W and Kaleb*

**Changes to Rec Center Passes:**

It is clear that all of our Partnerships LOVE having the opportunity to go to the rec center and we LOVE to be able to provide passes to our Partnerships! Beginning in February, we will purchase a set number of passes for the month and once these passes are used that month, they will not be re-stocked until the following month. We want everyone to have the chance to benefit from this opportunity while maintaining our ability to afford the expense. When you bring your Junior Partner to the rec. center you need to get passes from the Partners office. Call to if you need passes after hours...we will put them outside for you.

**Partnership of the  
Month**

**Amber Morrow and Maddy!**



Amber and Maddy are a newer Partnership, having just been matched in September of 2011. In these 4 months, they each have taken the Partnership commitment seriously and have been open and trusting with one another. Because of this dedication, their relationship is blossoming into an enviable friendship. They regularly set aside one afternoon per week and typically spend that time discovering their inner artists! They have a mutual appreciation for crafts and for creating things and they inspire each other.

During the recent 3 month review Amber revealed that she forgets that Maddy is her Partner and feels more like a member of her family. Amber and Maddy—thanks for putting in the hard work and reminding us how great it is to make a new friend!

**Change Yourself  
(to change the world).**

**Goal Setting - Strength Goals**

~To build a strength you have to practice!

1. Pick a strength that you would like to develop over a 3 week period.
2. Identify 7 concrete goals that will help you practice this strength.
3. Assign one (of the 7) goals to each day of a week and check the goal off as it is completed each day.
4. On the second week, pick 7 new ways to practice this strength again complete one per day and check them off as they are completed.
5. During the third week repeat the steps—identify 7 practices to complete (one per day) and check them off as they are completed.

At the end of the three week time period reflect on your commitment and praise yourself for your dedication while enjoying your new talent!

**An Example - Strength: Drawing**

\*\*Week One- (identify 7 Concrete Goals)

Monday- rent “Drawing on the Right Side of the Brain” from the library. Read about drawing and look at the exercises.

Tuesday- draw for thirty minutes with your non-dominant hand.

Wednesday- Do many continuous contour line drawings.

Thursday- Do many continuous contour line drawings without looking at the paper...look only at the object.

Friday- Draw objects using negative space.

Saturday- Do many gesture drawings timing yourself first 20 seconds, then 40 then one minute.

Sunday- Visit art websites looking for drawing inspiration.

**Volunteer Opportunity:**

*26<sup>th</sup> Annual Alley Loop Nordic  
Marathon February 4<sup>th</sup> 2012*

Crested Butte’s biggest Nordic event of the year (and the largest costume party too!) A unique race course that starts and finishes in downtown Crested Butte. If you and your Junior Partner would like to team up and take part or volunteer call the Nordic Center at 349- 1707 x 4.

[www.gunnisonmentors.com](http://www.gunnisonmentors.com)

Don’t forget about our website! You can find online copies of the newsletter, our “Partners Perks” page, a list of 122 mentoring activities, and ideas for your volunteer service project. Check it out!

***Regarding Movies...  
Remember to ask for  
parental permission when  
viewing movies rated PG-13  
or rated R with your Junior  
Partner!***

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**Return Service Requested**

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